

PVPA PHYSICAL EDUCATION ALTERNATE CREDIT FORM

All students are required to complete two credits (total of 32 hours) of Physical Education per year at PVPA.

**TO ENROLL IN PE ALTERNATE CREDIT, PLEASE SUBMIT THIS COMPLETED FORM
BY SEPTEMBER 9th, 2016 TO YOUR SCHOOL COUNSELOR.**

To earn credit for activities outside of PVPA, complete the PE Alternate Credit Log
and return it no later than the last day of the semester to your School Counselor.

School Year: _____

Student:

Name Telephone e-mail

Parent/Guardian:

Name Telephone e-mail

Choose one of the following options:

1. I plan to participate in the PVPA Soccer program in the fall (circle): yes no
2. I plan to participate in the PVPA Ultimate Frisbee program in the spring (circle): yes no
3. I plan to participate in a PVPA Paideia course that counts for PE credit: yes no
4. I plan to participate in an organized physical activity outside of school (circle): yes no

... **If yes to #4**

Activity Description: _____ Provider (organization, business, etc.): _____

Supervisor:

Name (MAY NOT be a relative) Telephone e-mail

Requirements/Guidelines:

- At least 32 hours of physical activity per year are required for credit.
- Activities outside of PVPA (i.e., not Soccer or Ultimate) must be documented in a log that includes dates, length of time per session, and total hours. A log is available on www.pvpa.org.
- Activities must be supervised by an adult experienced and responsible in that activity and who is not a relative.
- Fitness trackers are allowed to be used to document activity, as long the details of the time, date, and distance are **printable**.
- If a supervisor is a PVPA teacher, he/she can only supervise physical activity that they are part of or regularly review printouts from fitness trackers.
- The adult supervisor identified above must sign the activity log upon completion to confirm that the student has completed the necessary hours.

Required Signatures for Approval:

Student Date

Parent/Guardian (if student is under 18) Date

School Counseling Department Leader Date

For office use only: Final grade/credit confirmed in PowerSchool: _____ Date _____
Administrator Signature